

PREVENT

Research Programme

Welcome to the Summer edition of the PREVENT Research Programme Newsletter. We have lots of exciting news to share with you in this edition with the announcement of new sites who will be running the study and all the details for how to sign up to our first official PREVENT conference.

New sites Oxford and Cambridge:

London Year 2 Follow-up visits:

We are again hugely grateful to all of you who have returned for your follow-up study visits, we have now seen 63 participants in total at the 2 year time point. The data collected from this visit is critical to enable us to make comparisons from the tests you completed 2 years ago. Katie will continue getting in touch with you all over the coming months and we do hope you will be able to come back and complete the second part of the study.

We're very excited to be able to officially announce that we have been awarded funding from the Alzheimer's Society to recruit more participants to the PREVENT Research Programme who will be able to take part in the study in Oxford and Cambridge. We are extremely grateful to the Alzheimer's Society as this will allow other individuals who were unable to travel to the London or Edinburgh sites to be able to participate.



The study will be opened at the Warneford hospital in Oxford, Professor Simon Lovestone from the Oxford site said: *"We are very excited about Oxford joining the PREVENT study. This is an enormously important study and I hope that we will make a real contribution to the future prevention of dementia. To do that we really need to understand the very first signs of disease in the brain, long before dementia actually starts. This study will do that and so do the groundwork that will allow us to build a truly preventative approach to this terrible disease."*

Professor John O'Brien who will lead the study at the Cambridge site said *"We are delighted to have secured funding to open the Cambridge PREVENT centre to expand this important study on investigating risk factors and early biomarker changes in those at risk of future dementia. Within Cambridge we will include state of the art imaging using high field strength imaging systems. Such studies are essential if we are to move in a meaningful way towards studies of reducing risk and, ultimately, preventing dementia."*

The new sites are planned to open in October and we are already taking details of people who are interested in taking part so if you do know of anyone who may be interested in participating at either of the locations then please do get in touch with our National Coordinator Katie Wells: Katie.Wells@imperial.ac.uk.



Kings College, Cambridge University.

PREVENT Participant's panel:

With the announcement of new sites we would like to extend our Participant's panel again. We will also be looking for panel members at our Oxford and Cambridge sites. The purpose of the panel is to guide the PREVENT study management team in the progression of the study and to provide new ideas of what else we could be doing that is important to you as participants.

If you or someone you know would be interested in becoming a panel member or if you would like to find out more about what is involved please contact Katie via phone: 020 8483 1823 or email: Katie.Wells@imperial.ac.uk

PREVENT Research Programme Annual conference 2016:

We'd like to invite you to attend our first official PREVENT conference, the conference will be held on Friday 25th November 2016 and full details of the conference can be accessed through the following website: <https://www.eventbrite.co.uk/e/prevent-research-programme-annual-conference-tickets-26750274792>

The conference is completely free but please sign up on the website to get your tickets for the event.

During the conference we will be presenting some initial findings from the Baseline data which we are currently in the process of analysing. We will also have speakers involved in the sub-studies which have been attached to PREVENT and they will be sharing their findings so far.

We'll also be providing a general update on PREVENT highlighting the progress made so far and our future plans for the study. We hope to see lots of you there!



Dr Eyston Vaughan-Huxley:

**Emergency Medicine Registrar and
PREVENT Lumbar puncture clinician**



Dr Eyston Vaughan-Huxley has been working as an Emergency Medicine doctor since 2012 and has undertaken placements in Intensive care, General Medicine and Anaesthetics. Currently Dr Vaughan-Huxley is working at Chelsea and Westminster hospital as a Registrar on the Emergency department, and alongside this is also teaching and undertaking a Diploma in Medical Education.

On top of this Dr Vaughan-Huxley has also kindly been working with us on the PREVENT Programme since November 2015 by carrying out lumbar punctures for the spinal fluid sub-study at our London site. Having Eyston involved in the study has been a great support for the team enabling us to carry out this important sub-study. We have been able to carry out a number of these procedures now and we'll be asking those of you coming back for your Year 2 visits in London whether you would like to be involved with the sub-study.