



Issue 3  
Winter 2015

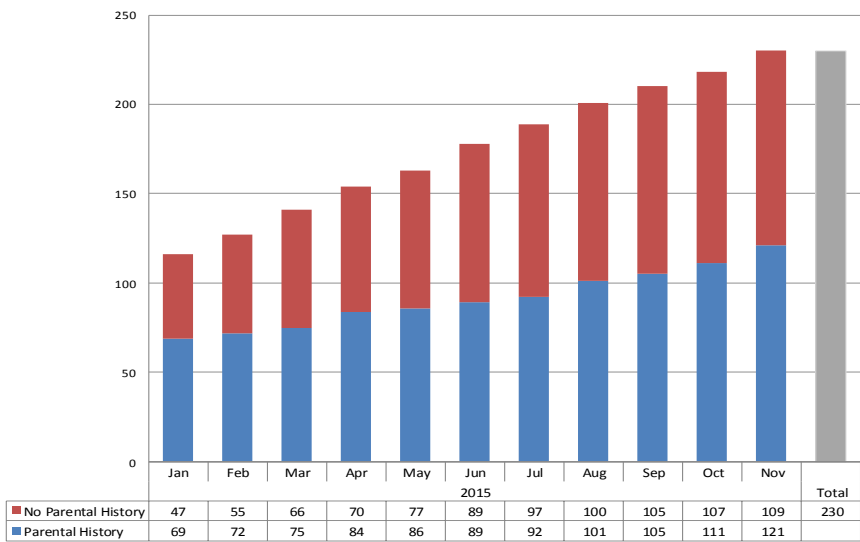
**Merry Christmas** from all of us here at PREVENT, we hope you all enjoy the holidays and some well deserved time off with family and friends. We thought we would end the year by sending you a Newsletter to update you on what has been happening in the world of PREVENT. We would also like to say a special Welcome to our participants in Edinburgh who will be receiving this Newsletter for the first time.

**A review of PREVENT in 2015:**

2015 has been an exciting year for the PREVENT Research Programme. We have seen recruitment to the programme grow dramatically throughout the year and we have now seen the addition of a second research site which will help the programme to grow even further in 2016.

We have also seen a number of new opportunities for our participants arise throughout the year—the most successful to date being the ‘Perspectives on Dementia’ online study which has now been completed by 80 participants. Thank you all for the time you have put into this extra study, the team based in Cardiff are very grateful and they are starting to look at the data now so we hope to provide some results from this in the next Newsletter.

**PREVENT RECRUITMENT**



**PREVENT Research Programme Website**

Since our last issue we have also launched our new official PREVENT Research Programme website. The website will be updated on a regular basis with any updates on the study and we will also report on relevant Dementia news. We will also be updating the website in the new year with much more information about other projects and also the early results from the PREVENT pilot study which involved the participants in London. The website address is [www.preventdementia.co.uk](http://www.preventdementia.co.uk)

Another key feature we have launched on the new website is our Membership scheme. We have been overwhelmed by the interest in PREVENT from the public and if you want to speak to friends or family about being a Member of the PREVENT Project - take a look at [www.preventdementia.co.uk/membership](http://www.preventdementia.co.uk/membership) or contact Katie if you have any questions about becoming a PREVENT member.



## Calling all Edinburgh participants:

### PREVENT Participant's panel!

In the last edition of the PREVENT Newsletter we introduced the PREVENT Participant's panel. The panel have been meeting every 2-3 months and we welcomed a new member to the panel last month. The panel provide advice on the direction of the study and we discuss what future research or interventions we should be looking to get involved with.

We're now hoping to replicate the Participant's panel we have set up in London at our Edinburgh site so we are hoping some of our Edinburgh participants would like to get involved and start your own panel.

If you would be interested in becoming a member of the participant's panel either in Edinburgh or in London please get in touch with Katie: [katie.wells@imperial.ac.uk](mailto:katie.wells@imperial.ac.uk) or telephone 020 8483 1823 who will be able to provide you with further details.



### EPAD (European Prevention of Alzheimer's Disease project)

Another major project which we are involved with is EPAD ([www.ep-ad.org](http://www.ep-ad.org)) - this project is a massive pan-European project that is developing collaborations across Europe to help develop treatments which can prevent Alzheimer's Dementia more quickly. It is also led by Craig! The project relies on collaboration with researchers and participants in existing cohorts - in the UK this includes UK BioBank, Generation Scotland and (of course) PREVENT. People from PREVENT may be invited by us to also enter the EPAD Cohort (it is limited though to people over 50). In that study there will be more testing but also the opportunity (if your willing and suitable) to enter directly into intervention studies. Projects like PREVENT and our sister project ALFA in Barcelona are 2 of the most important partner studies to EPAD - but EPAD across Europe will seek to recruit over 10,000 participants. Together we are really making major strides to prevent dementia. If you want to know more about EPAD or any other projects we are working with - get in touch.

### PREVENT in 2016:

2016 will be an amazing year for PREVENT with the Edinburgh site recruiting, a very strong prospect for opening new sites in England and our Membership Programme helping us to grow the project and disseminate information about the results of the pilot stage which we will expect to come fast and furious through 2016 and thereafter.

### Professor Karen Ritchie

#### INSERM, Montpellier: PREVENT Co-Investigator



Professor Ritchie is Director of a Research Unit at the French National Institute of Medical Research (INSERM). Her research interests involve Neuropsychology and public health particularly in the field of Dementia. Professor Ritchie's research is mainly in the field of identifying potentially reversible risk factors for disease.

Professor Ritchie along with Professor Craig Ritchie (they're not related believe it or not!) established the idea for the PREVENT Research Programme back in 2008 and have been working together ever since developing PREVENT to where we are today.